

Recreation Activity Guide 2026

This guide is to be used to rate recreational activity accessibility and relevance as part of the evaluation process in selecting recreational activities in which to participate. The higher the percentage “yes” scores the more accessible and relevant the activity/facility is to the individual.

Directions: Mark each statement with either a “yes”, “no”, or “NA” (not assessed or not applicable to activity) based on whether you agree or disagree with the statement. A score is calculated on percentage of “yes” responses.

Activity:

Facility name:

Individual name:

Completed by:

Score:

I. Activity Relevance	
1.The activity matches participants’ interests, skills, and strengths.	
2.The activity can be considered somewhat important to the participant.	
3.There is a high probability of continuing activity into the future.	
4.Participation in activity leads toward achieving a personal goal for the participant (for example, learning to swim).	
5.The activity is designed so that it will help reach participants’ goals.	

6.The offered time of the activity is compatible with participants' schedule.	
7.Transportation to activity can be easily arranged.	
8.The expenses related to the activity are affordable to participants.	
9.The facility, activity, or program offers discounts or financial assistance.	
10.Funding resources (scholarships) or discounts are available to help defray the expense of activity.	
Activity relevance score:	
II. Facility Accessibility	
1.The layout of facility is easy for the participant to maneuver	
2.Restrooms are accessible.	
3.The facility, program or activity is conveniently located for participants (i.e. walking distance, near public transportation).	
4.The environment of activity is clean and hazard free.	
5. Accessible parking is available and convenient	
6. Facility equipment is accessible or is accessible with a minimal adaptation or support	

Facility Accessibility score:	
III. Activity Accessibility	
1. An assistant is not needed to safely participate in activity.	
2. If needed, an assistant is provided by an activity program or organization or an assistant is allowed to accompany the participant free of charge. <i>(if not needed mark as NA)</i>	
3. Additional or specialized equipment is not needed to participate in activity.	
4. If additional or specialized equipment is needed it is provided by organization or program. <i>(if not needed mark as NA)</i>	
5. If the activity REQUIRES specific skills, techniques or pre-requisites to participate, the participant meets these requirements (i.e. deep water test for swimming). <i>(If not required mark as NA)</i>	
6. The activity is easily modifiable to individual skill level.	
Activity Accessibility score:	
IV. Activity Personnel	

1 .Activity personnel organizing or instructing activity are able to safely modify equipment or activity, if necessary.	
2. If the activity requires specifically trained or certified personnel (i.e. sighted ski guide, certified swim instructor, certified fitness instructor) one is provided. <i>(if not required mark as NA)</i>	
3. One on one sessions are available (if appropriate)	
Activity Personnel score:	

Participation notes and comments: