



# Know Before You Go!



**THE GRAND ADVENTURE**  
 RISING FROM CHALLENGES TOGETHER  
 16th International CHARGE Syndrome Conference  
 Phoenix, AZ - July 24-27, 2025

## What is Included?

### Meals

Thursday	Saturday
• Dinner	• Breakfast
Friday	• Lunch
• Breakfast	• Dinner
• Lunch	Sunday
• Dinner	• Breakfast

*Blenders will be provided for those requiring a blended diet.*

## What to Expect?

- ✓ All Conference Activities Will be Indoors
- ✓ Educational Sessions
- ✓ Camps & Sibshops
- ✓ Fun Evening Events
- ✓ Connecting with Families and Professionals

## What to Pack

It will be hot in Arizona, but might be chilly in the Conference rooms. Be sure to pack light, breathable layers.

- Foot protection for the pool area – the concrete will be HOT!
- Swimwear
- Sunscreen
- Portable fan or spray bottle
- Medications
- Chargers
- Artwork or Auction items, if you are contributing
- Something blue to wear for CHARGE Awareness (Friday)
- Optional: Something nice for Dress to Impress (Friday Evening)
- Neon colors and accessories for our Glow Party (Saturday)

## Additional Information

[Click here](#) for everything you need to know about the hotel, transportation, and parking.

