



Poster Presentation

## Are Parents Satisfied? The Ins and Outs of IEP Goals

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### Presenter Information

Lyndsay Fairchild is a doctoral student in the School Psychology program at Mississippi State University and has been a member of the Mississippi State Bulldog CHARGE Syndrome Research Lab for two years. Lyndsay currently works with the Autism Liaison program that offers services and support to degree seeking students on the Autism Spectrum, and also provides behavioral and academic services to children and adolescents through the Mississippi State University Autism and Developmental Disabilities clinic. Lyndsay's current research interests include identifying the prevalence of self-injurious behaviors in individuals with CHARGE and identifying parent's perception and satisfaction with the IEP process for children with CHARGE.

Jasmine Sorrell is a first-year School Psychology doctoral student at Mississippi State University. She is the Bulldog CHARGE Syndrome Lab's Graduate Assistant and has loved being involved with the lab and research over the last year. Among her love and work for CHARGE, Jasmine assists on cases in the Autism and Developmental Disabilities at Mississippi State and enjoys her time working with students in the schools surrounding Starkville, MS.

### Presentation Abstract

For parents and caregivers, navigating through the special education system, especially Individualized Education Plans (IEPs) can be an extremely challenging and confusing task. Previous research has shown that parent's understanding the IEP process, and the IEP itself is extremely important for the success of students; however, little research is available regarding children with CHARGE syndrome. Findings from a current study looking at two important areas that influence the IEP, the quality of goals and parent satisfaction with the IEP, will be discussed. Additionally, specific information will be provided for parents to become familiar with their rights during the IEP process, their influence on their child's outcomes, and how to ensure the child's IEP goals are meeting quality standards.