Sarah Cawthon, Kentucky

Who's In Your Family?

Mom Sarah, Dad Garret, Charger Max and Sister Samantha. We also have the best dog ever named Duke

What do you want people to know about your family?

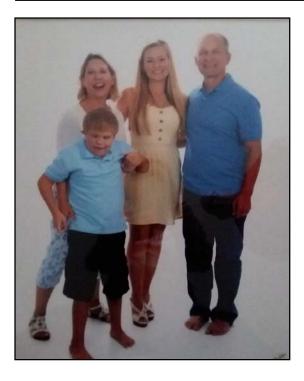
We have two very special children that bring us much joy and pride in their own unique ways. Our first born daughter is graduating from MIT with a 4.0 and plans to study medicine.

Max, her 18 year old brother, was born deafblind and has multiple disabilities that make every day a challenge. Despite his physical limitations, he has managed to learn tactile ASL and is learning to Braille. He has a calm heart and an amazing sense of humor. He has made our whole family more loving and appreciative of the every day blessings that most take for granted. We are all better people for knowing Max and hope his light can shine thru many hearts.



Why do you Volunteer with the Foundation?

I've been looking for an opportunity to volunteer my time to the establishment that has helped me and my family. Trained as a physician and challenged as a mother, I have a unique insight that might prove helpful to other families. Been there, done that makes me a resource for young families that are grappling with the special challenges that come with these special children.



What activities do you like to do?

We love going to Kentucky Kingdom. They have many rides that twirl us around and swing us up to the sky. We usually end up in the wave pool before we head home. We are loyal U of L Cardinal fans and go to as many games as we can....basketball, baseball and football.

We love to travel. Max has been all over the world (England, France, the Caribbean) and gets excited anytime we talk about our next trip. We are thinking about getting an RV and giving the USA a try.

On warm Summer days, we like to walk to Dairy Castle and get ice cream. We tend to eat out a lot and Max gets a chance to taste many foods

Personal hobbies include learning piano as an adult and teaching Max a few simple songs. I've also been working on a quilt for 10 years and am hoping to enter it in the Kentucky State Fair this Fall. I love plants and over the last ten years have focused on growing rare and unusual succulents