

## CHARGE Non-Vocal Pain Assessment (CNVPA)

**DIRECTIONS:**

Please complete the following rating after observations of your child for one day when you believe your child is experiencing pain. For each item, circle the number that best describes your child's behavior during the pain episode.

If your child does not engage in a behavior when not in pain OR is not capable of performing an action, score this item as "not at all."

	Not at all	A little	Quite a lot	A great deal
<b>VOCAL</b>				
<b>Cries</b>	0	1	2	3
<b>Moans/groans/screams</b>	0	1	2	3
<b>SOCIAL</b>				
<b>Cheerful</b>	3	2	1	0
<b>Sociable/responsive</b>	3	2	1	0
<b>Not cooperative (cranky, irritable)</b>	0	1	2	3
<b>Obstinate (e.g. doesn't respond to directions)</b>	0	1	2	3
<b>Withdrawn or depressed</b>	0	1	2	3
<b>Hard to console or comfort</b>	0	1	2	3
<b>Difficult to distract</b>	0	1	2	3
<b>FACIAL</b>				
<b>Frowns/has furrowed brow/looks worried</b>	0	1	2	3
<b>Squinting eyes/eyes wide open/eyes frowning</b>	0	1	2	3
<b>Mouth turned down</b>	0	1	2	3
<b>Lips puckered up, tight, pouting, or quivering</b>	0	1	2	3
<b>Grimaces/screws up face</b>	0	1	2	3

	Not at all	A little	Quite a lot	A great deal
Grinds teeth/clenches teeth	0	1	2	3
<b>ACTIVITY/CHALLENGING BEHAVIORS</b>				
Less active or quiet	0	1	2	3
Restless/agitated	0	1	2	3
Self-injurious behaviors (Biting self, banging/hitting head)	0	1	2	3
Aggressive (e.g. hitting others, throwing objects)	0	1	2	3
Acts out/Misbehaves	0	1	2	3
Disturbed sleep	0	1	2	3
Change in eating habits	0	1	2	3
Resists being moved	0	1	2	3
Increase in OCD-like behaviors	0	1	2	3
<b>BODY AND LIMBS/PHYSIOLOGICAL</b>				
Stiffens/spasms/seizures	0	1	2	3
Touching or rubbing parts of the body more than usual	0	1	2	3
Guarding a part of the body	0	1	2	3
Specific body movement to indicate pain (e.g. arms down, curled up, head down)	0	1	2	3
Change in color (e.g., pale, splotchy, flush)	0	1	2	3
Sharp intake of breath/gasping	0	1	2	3

**Stratton & Hartshorne, 2012:** The CNVPA was created from parental input based on behaviors observed of children with CHARGE when they are experiencing pain and from the following references (used with permission from the authors of the NCCPC-R and the PPP): Breau, L., McGrath, P.J., Finley, A., & Camfield, C. (2004). Non-communicating children's pain checklist-revised (NCCPC-R). Halifax, Nova Scotia: Lynn Breau.  
 Hunt, A. (2003). Paediatric Pain Profile. Oxford, UK: RCN Institute.